

Tualatin Plains
 Presbyterian Church
 30685 NW Scotch Church Road
 Hillsboro, Oregon 97124

NEWSLETTER OF THE OLD SCOTCH CHURCH
March 2026

**Tualatin Plains
 Presbyterian Church**
 30685 NW Scotch Church Road
 Hillsboro, OR 97124
 Phone 503-648-9573
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www.facebook.com/OldScotchChurch



Sunday Worship 10:00am

The Old Scotch Church

Office Hours
 Monday-Thursday
 8:30am-12:30pm

FOLLOW US ON FACEBOOK!

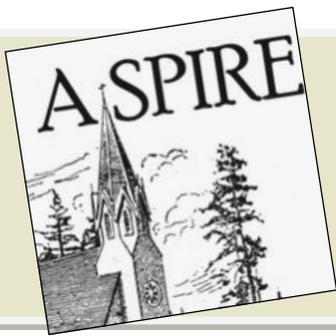
WE HAVE A CLOSED FACEBOOK GROUP CALLED "OLD SCOTCH CHURCH MEMBERS AND FRIENDS," WHERE YOU MAY ADD PHOTOS AND POSTS ABOUT OUR CHURCH. MATERIAL WILL ONLY BE ACCESSIBLE TO MEMBERS OF THE GROUP. CONTACT THE OFFICE FOR THE SOCIAL MEDIA POLICY .
 FOLLOW OUR FACEBOOK PAGE AT [WWW.FACEBOOK.COM / OLDSOTCHCHURCH](https://www.facebook.com/OldScotchChurch).



ELECTRONIC GIVING OPTION

To donate electronically via your smart phone, just follow these simple steps:
 1) Download a free QR code reader app.
 2) Scan the code on the Electronic Giving Option card found in the pew (and included here).
 3) Use the link to make a donation to the Old Scotch Church (found at oldscotchchurch.org/give.html)





TUALATIN PLAINS PRESBYTERIAN CHURCH

~ “OLD SCOTCH” ~

MARCH 2026 NEWSLETTER

EXPLORING PRAYER

We are about 10 days into our Lenten focus on prayer as we start the month of March. Hopefully, you are enjoying reading the prayers of the Psalms, whether you are able to maintain the reading schedule we made available or if you are taking your reading a little slower. Whatever the case, I invite you to keep reading the prayers of the Psalms as you listen for the wide variety of ways psalmists pray. May these readings expand our own prayer lives!

Prayer is foundational to our personal relationship with God and to our corporate life together. Imagine how hard it would be to have a healthy relationship if you didn't talk with the other person! At the core, prayer is simply talking with God. So, just as there are many forms of communicating with another person, there are many ways to pray. I urge you to spend time in Lent exploring different means and topics of prayer.

Early in my vocational life, I learned about prayer most consistently through Spiritual Directors I was fortunate to find. Marty and I met with a monk while he was in graduate school. In my first call, I met with an Intervarsity Director. In my second call, my Spiritual Director was a nun who loved to pray. She introduced me to Centering Prayer, Breath Prayers, Memorized Prayers, and Lectio Divina. Take advantage of technology to look up these types of prayers I've just listed, plus the many more types out there and explore what practicing one might look like for you. We have the opportunity and the curiosity as God's people to learn how to deepen our relationship with our Lord Jesus through prayer.

Then, remember that we are a praying community of faith. We pray as part of our worship, we distribute prayer needs in the Thursday online email and we pray as needs and joys arise. Our leadership each year begins in January thinking about ways to pray for our community. As you explore prayer, consider the ways prayer might expand among us, be it through a small group or a commitment of friends to regularly pray or a practice of a specific type of prayer with others. Most of all, thank you for being a praying community. Thank you for celebrating joys and holding others with needs before the Lord. Thank you for coming to Christ and opening yourself to the presence of God. God hears us, loves us, and hungers for these times of prayer with us.

Here are our sermon texts and subjects of the Psalmist's prayers as we worship God through the rest of Lent together.

Grace and peace,

March 1	Psalm 55	Praying through betrayal and isolation
March 8	Psalm 6 & 42	Praying through pain and longing
March 15	Psalm 63	Praying through thanks and praise
March 22	Psalm 139	Praying through God's steadfast presence
March 29	Psalm 51	Praying through forgiveness

WORSHIP SERVICE RECORDINGS



The recording of our Sunday worship service will be available by noon on the Monday following the recording. To access the recording at the earliest time, please go directly to our YouTube channel to watch it, since the update of our website may take until Monday evening. The Church YouTube

Channel link is: <https://www.youtube.com/channel/UCtsQCBGAU8gvja2DFrymmYQ>

Church Family News

Spring Clean-Up Day
April 25, 2026
9am-Noon



**BE STILL
AND KNOW
THAT I AM
GOD**
PSALM #46:10

**Join in the
Congregational Reading
of the Psalms in Lent!**

Walk through the Psalms in Lent through the reading guide available online in the weekly emails or printed to be picked up in the church foyer. As we study the prayers of the psalms through Lent, may the fullness and variety of the Psalms draw you deeply into prayer throughout Lent.



The Women's Service Guild will meet at the home of Mary Easton on Thursday, March 5th, at 7:00 pm.

All women are invited to attend! Please join us and invite a friend!



**Men's Breakfast
Saturday, March 7**

All men are invited to attend 8:00AM at Elmer's Restaurant 390 SW Adams Ave. Hillsboro

Easter Lily Orders

The Women's Service Guild will again be providing memorial Easter Lilies for the cost of \$13 each. If your family would like to order a lily in memory of or in honor of loved ones or friends please fill out the lily order form found on the table in the Narthex or on the Faith in Action table downstairs. Checks should be made out to Women's Service Guild and returned with the order form to the baskets in the Narthex or downstairs. The last day to place an order is Sunday, March 29th . An insert in the Easter bulletin will list the donors and those being remembered. The lilies will decorate the sanctuary on Easter Sunday and you may pick one and take it home after the 2nd worship service.



Daylight Savings
Time begins

Sunday, March 8

Spring ahead one
hour!



Sunday School plans for March

Children's Sunday School:

The children will be looking at King Saul and then Jesus' life and ministry.

Adult Bible Study:

Continued study of the Old Testament and also the Lenten sermon series by studying the Psalms.

The Church office has a "Praying the Psalms Through Lent" pamphlet which can be used to pray through the entire book of Psalms as a Lenten exercise.

Upcoming Presbyterian Youth Events For Grades 6-12



YOUTH
GROUP

Mark your Calendar!

March 1	Can I Trust the Bible?
March 15	Does the Bible Contradict Itself?
April 19	How Can I Follow a God Who Would Let Christians Do Such Bad Things?
May 3	Does God Approve of Violence?

Mission News

Every Sunday, we hear Pastor Tracie lead us through a moment of stewardship. We're reminded of how we all give in different ways, whether it's financial, our time or our talents. As a community of faith, we are all on a mission to support each other. This support may be visible through serving on a committee or leading a Sunday school class. It can also be quiet through a phone call, a card or even just dropping off some tasty treats. However we give, it connects us all through the body of Christ.

At the Old Scotch Church, we take a layered approach to our mission work. We start locally within our own church. Little did you know that you're already part of the mission team, even if you've never been to a meeting (which are on the first Sunday of the month after church, by the way). We are intergenerational, including all ages in our connections. From teaching Sunday school, to sitting and coloring, or listening to stories, we weave a connection through every person who enters our church, no matter their age, curious in their background, wanting to bring them closer. We offer rides to church to ensure that folk are not left out and wear nametags so others know who we are. Just as Jesus is made the sure foundation, we settle on a foundation of community that is built with love, inclusion, curiosity and faith.

From within our church, we extend into a broader community. We don't keep the love of Jesus to ourselves. We take our time and our talents to those who may not be as fortunate as we are to have a place to worship, to commune, to belong to. We serve meals to low income and houseless youth through Home Plate. We listen to their stories, their dreams and pray for them while knowing they're getting at least one good meal that week. We support the North Plains Food bank, sharing the bounty that God has provided us. Making deliveries or helping to organize the food, giving of our time. These are just two specific focuses, but others quietly volunteer or help those in need in other ways. We see the threads that we began to spin at the Old Scotch find their way outside of our walls, creating a beautiful tapestry.

Finally, we serve the Lord on a global scale. How can this be, we're just a small church? Through mission trips to Puerto Rico and planting lawns for those who lost their homes to fire, we see Jesus stretch his arms further afield. As we consider our special offerings through the year, or the alternative gift giving at Christmas, we give money that goes to support global actions. We even team up with other community churches to support Rise Against Hunger and provide thousands of meals to countries that have nothing.

As you reflect on these words, I invite you to look at our church as you walk through the front door. Envision the threads of faith and love that travel with each person you encounter. What kind of tapestry do they create? Where does your thread take you? As I said in the beginning, we are all on a mission, what's yours?



Give Your Family A Gift

As I have worked with families who have lost a loved one, I have repeatedly found that the family members' grief and anxiety is greatly reduced when their loved one has given some thought to all a family must take care of after they died. In my work beyond pastoral care, I am called upon to help plan the Service of Witness to the Resurrection.

Sometimes that is with a person from the congregation. Sometimes it's with a person I've never met. Whatever the case, the arrangements always go best and are a clear reflection of the person who has died if they have done some pre-planning. On the large scene of pre-planning, I invite you to contact our office for an Advance Planning Packet.

But for an easier start, at least please give consideration and love to your family by putting in writing some of your hopes for your service, and then give those wishes to me for safe-keeping in files available for years until the Lord calls you home. Below are the questions I often invite others to consider. These questions are not exhaustive, but come from my experience as a pastor working with families in grief. Please contact me with your input regarding other questions to consider. As you begin reflecting, surround your time with prayer.



Service of Witness to the Resurrection (Memorial Service)

The Christian Worship Service of the Witness to the Resurrection is the type of memorial service the church does to mark the life of a saint who has died. This is, theologically, a service of sharing the good news of life in Jesus Christ. Further, it is a time of emotional closure and healing in the grieving process of those who have lost a loved one. Your attention to this not only spurs your spiritual growth now but gives a gift to others in their time of grief.

1. Where would you like to have your service held – at the church, at a funeral home, or somewhere else? Would you like to include a graveside service (private or public) as part of the services?
2. Who would you like to have involved in the service – as officiant, as readers, as pallbearers (including honorary), as musicians or in some other capacity?
3. What Scripture verses are important to you as part of the service?
4. What hymns or other songs are important to sing or have played?
5. Is there anyone for whom you would particularly like to see able to attend who would need time to make arrangements to do so?
6. A typical service is: Call to Worship, Opening Prayer, Opening Hymn, Scripture readings, Meditation, Closing Hymn and Benediction. To this framework, other songs, special readings, time for personal reflections and other specialized requests can be added. Consider what you would like to include in the service.
7. What is the particular tone or message that you want conveyed in your service?
8. Have you spoken to close family members about your wishes, and perhaps even left a copy of your wishes on file with your church or family members?

If you want to complete this form and send it to the office for safe-keeping, please do so. If you'd like to talk through the service with me, please contact me to set up a visit. As God's beloved children who are claimed and kept into eternity, we consider these matters with hope, as we know we are held by Christ.

—Pastor Tracie



Connected Whole Health
at University of Western States

Whole Health Harmony Feel Better, Function Better

With Occupational Therapy



A University of Western States Community Wellness Event for Adults/Older Adults

Join Occupational Therapy Doctorate (OTD) students for an interactive wellness event focused on maintaining independence, managing energy, and supporting meaningful participation in daily life. Occupational therapy emphasizes practical, evidence-informed strategies that help individuals and caregivers safely engage in the activities that matter most.

What To Expect

- **Move with Confidence:** Gentle, adaptive movement strategies to support mobility, balance, and daily activities
- **Manage Energy & Prevent Fatigue:** Practical pacing strategies, including the Spoon Theory, to reduce burnout and support sustainable routines
- **Support Daily Routines:** Tools to improve sleep, tools for self-care, household tasks, and role participation
- **Mindful & Sensory Strategies:** Simple breathing and sensory techniques to support stress management

Who Should Attend

- Adults seeking to maintain independence and well-being
- Individuals interested in function-focused wellness strategies
- Adaptive and inclusive for all ability levels
- No prior experience required

Event Details

When: Saturday, March 21, 2026

Time: 10:20 a.m. - 12:20 p.m.

Where: Connected Whole Health Clinic - 8000 NE Tillamook Street, Portland, OR, 97213

Registration

To register for this event, please call the Connected Whole Health Clinic at **503-255-6771**.

Scan the QR code to learn more about the OTD Program at UWS



Contact Us

8000 NE Tillamook St.
Portland, OR 97213

(503) 255-6771
uwsconnectedhealth.com

Scan the QR code to learn more about our clinic



OUR CEMETERY

OLD SCOTCH CHURCH CEMETERY PRICE STRUCTURE

	Members	Non-members	
<i>In-Ground*</i>			
Regular, 4'x10' lot	\$700	\$1500	(double-depth burial allowed in unoccupied lot)
Infant section, 4'x7' lot	\$200	\$500	
Cremation, 2'x2' lot	\$150	\$500	
(*These prices do not include grave opening and fabrication and installation of marker. Additional record-keeping fee of \$150 for each interment.)			
<i>Columbarium**</i>			
Top row	\$750	\$1100	
Middle Row	\$700	\$1050	
Bottom Row	\$650	\$1000	

(**Additional inurnment and engraving fees apply. Additional record-keeping fee of \$150 for each inurnment.)

For more information about cemetery policies, contact the church office or visit www.oldscotchchurch.org/cemetery.

Advanced Arrangement Planning Packet Available

Our church provides information on advance directives, POLST, donor programs, wills, long term stewardship, memorial services, and the cemetery. Please contact the church office for details.

REMINDERS IN OUR SERVICE TO GOD FOR MARCH

ELDER OF THE MONTH

Scott Weinbender

DEACON OF THE WEEK

3/1 Julie Metz; 3/8 Cheryl McFadden; 3/15 Amy Schneider;
3/22 Joanne Ploem; 3/29 Emily West

SAFETY MANAGERS

3/1 Rick Clay & Marty Bullis; 3/8 Marty Bullis & Rick Clay; 3/15 TBD & Tim Rippe;
3/22 TBD & Marty Bullis; 3/29 Marty Bullis & Steve O'Conner

USHERS

Alternate Coordinator: Sherry Ormiston

3/1 Gamble Family; 3/8 Scott & Dorothy Pasley; 3/15 Ellen Vanasche & Sheery Ormiston; 3/22 Tim & Robi Knox; 3/29 Chris Macfarlane & Tim Rippe

SUNDAY SCHOOL TEACHERS

3/1 Anna Gamble; 3/8 Maggie Hudson; 3/15 Cindy Uecker; 3/22 Joanne Ploem;
3/29 Maggie Hudson

ASPIRE SUBMISSIONS DEADLINE FOR APRIL IS MARCH 15

Church Staff

Pastor	Rev. Tracie Bullis
Office Administrators	Becky Oswald, Julie Metz
Choir Director	Maurine Granat
Accompanists	Meredith Bach, Judy Charles, Phyllis Laners
Treasurer	Katherine Kinnear
Building Liaison	Robi Knox

Session

Clerk of Session	Lorraine Prather
Business & Finance	Matt Metz
Mission	Carl Winch
Worship and Music	Fara Laners
Christian Education	Brian Kinnear
Cemetery	Jeff Uecker
Outreach & Membership	Chris Macfarlane
Building & Grounds	Scott Weinbender
Fellowship	Judy Ingala

Deacons

Meredith Bach • Wendy Hultengren • Cheryl McFadden • Hannah Metz • Julie Metz • Joanne Ploem
Amy Schneider • Lois Sterenberg • Sue Weinbender • Emily West • Vickie Williams

This Month at Old Scotch

March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9am Bible Study 10am Worship 10:30am Sunday School 11am Mission Mtg.</p>	<p>2</p>	<p>3</p>	<p>4</p> <p>7pm—Choir Practice</p> 	<p>5</p> <p>Women's Service Guild Mtg. 7pm</p> 	<p>6</p>	<p>7</p> <p>8am Men's Breakfast @ Elmer's Restaurant</p>
<p>8</p> <p>9am Bible Study 10am Worship 10:30am Sunday School 11am Cemetery Commission Mtg</p>	<p>9</p>	<p>10</p>	<p>11</p> <p>7pm—Choir Practice</p> 	<p>12</p>	<p>13</p>	<p>14</p>
<p>15</p> <p>9am Bible Study 10am Worship 10:30am Sunday School</p>	<p>16</p>	<p>17</p>	<p>18</p> <p>7pm—Choir Practice</p> 	<p>19</p> <p>HOME PLATE Youth Services 4pm-8pm</p> <p>Worship & Music mtg. 7pm</p> 	<p>20</p>	<p>21</p> <p>Deacons mtg, 9:30 am</p>
<p>22</p> <p>9am Bible Study 10am Worship 10:30am Sunday School</p>	<p>23</p>	<p>24</p>	<p>25</p> <p>7pm—Choir Practice</p> 	<p>26</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>9am Bible Study 10am Worship 10:30am Sunday School Cookie Sunday</p>	<p>30</p>	<p>31</p>				